## Myoglobin, Serum

CPT Code: 83874 Order Code: 660 ABN Requirement: No Specimen: Serum Volume: 1.0 mL Minimum Volume: 0.5 mL Container: Gel-barrier tube (SST)

## **Collection**:

- 1. Collect and label sample according to standard protocols.
- 2. Gently invert tube 5 times immediately after draw. Do not shake tube.
- 3. Allow blood to clot 30 minutes.
- 4. Centrifuge for 10 minutes.

**Transport:** Store serum at 2°C to 8°C after collection and ship the same day per packaging instructions included with the provided shipping box.

## **Stability:**

Ambient (15-25°C): 7 days Refrigerated (2-8°C): 14 days Frozen (-20°C): 35 days

**Causes for Rejection**: Specimens other than serum; improper labeling; samples not stored properly; samples older than stability limits

Methodology: Nephelometry

Turn Around Time: 2 to 4 days

## **Reference Range**:

Age	Reference Range (mcg/L)
Adult Male	≤95
Adult Female	≤66

Clinical Significance: Assessment of skeletal muscle breakdown

(rhabdomyolysis).

The CPT codes provided are based on AMA guidelines and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.