Heterophile, Mono Screen

CPT Code: 86308 **Order Code:** 654

ABN Requirement: No

Alternative Name(s): Infectious Mononucleosis, Monospot

Specimen: Serum **Volume**: 1.0 mL

Minimum Volume: 0.2 mL

Container: Gel-barrier tube (SST)

Collection:

1. Collect and label sample according to standard protocols.

- 2. Gently invert tube 5 times immediately after draw. Do not shake tube.
- 3. Allow blood to clot 30 minutes.
- 4. Centrifuge for 10 minutes.

Transport: Store serum at 2°C to 8°C after collection and ship the same day per packaging instructions included with the provided shipping box.

Stability:

Ambient (15-25°C): 4 days **Refrigerated (2-8°C):** 7 days

Frozen (-20°C): 30 days

Causes for Rejection: Specimens other than serum; improper labeling; samples not stored properly; samples older than stability limits; gross hemolysis

Methodology: Agglutination

Turn Around Time: 2 to 3 days

Reference Range: Negative

Clinical Significance: Heterophile antibodies, in patients with infectious mononucleosis, may be present as early as the fourth day of illness, and by the twenty-first day of illness, 90% of patients will exhibit a positive test. The Epstein-

Barr virus causes infectious mononucleosis.

The CPT codes provided are based on AMA guidelines and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.